MADGINFORD PRIMARY SCHOOL MENU

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Week 1** | Beef Bolognaise with Wholemeal Spaghetti   1  Macaroni Cheese (V) 1, 2, 8  Green Beans  Sweetcorn  Apricot Goodie & Custard 2, 3, 6 | Chicken & Vegetable Pie 1,2,3,7  Gravy 1  Quorn Sausages (V) 1, 2, 3  Mashed Potatoes  Peas  Carrots  Golden Krispy Cake 1 | Roast Gammon with Gravy 1,6  Vegetable Hotpot (V) 3, 7  Roast Potatoes  Green Cabbage  Creamed swede  Ice-cream with fruit salad 2 | Creamy Chicken Casserole 1,2,7  Vegetable Goulash (V) 1, 2  Rainbow Rice  Broccoli Florets  Green Beans  Chocolate Sponge & Chocolate Sauce 1, 2, 3 | Cheese & Tomato Pizza 1, 2  Breaded Salmon & Broccoli Fishcake (V) 1, 2, 5  Chips  Baked Beans  Peas  Fruit Jelly & Cream 2 |
| **Week 2** | Pork Sausages 1, 4  Sweet Potato & Lentil Curry (V) 1, 7  Boiled Potatoes  Boiled Rice  Peas  Baked Beans  Jam & Coconut Sponge & Custard 1, 2, 3, 4 | Lasagne with Garlic Bread  1,2,3                1,2,3,6  Vegetable Chilli  (V) 1,7. With Wholemeal Penne Pasta 1  Broccoli  Cauliflower  Oat Cookie with Milk  1, 2, 3 | Roast Turkey with Stuffing & Gravy 1, 6  Cauliflower & Broccoli Bake 1,2,8  Roast Potatoes  Carrots  Green Beans  Eves Pudding & Cream 1, 2, 3, 6 | BBQ Chicken 1, 5, 6, 8  Quorn Bolognaise (V) 1, 2, 3  Jacket Potato  Sweetcorn  Peas  Cherry Pie & Custard 1, 2, 6 | Battered Cod 1, 5  and Tomato Ketchup  Cheese & Vegetable Parcel 1,3  Chips  Baked Beans  Fresh Tomato  Flapjack 1 |
| **Week 3** | Pork Meatballs in tomato Sauce with Pasta 1, 2  Vegetable Pasta Bake (V) 1, 2  Broccoli  Sweetcorn  Apple Crumble & Custard 1, 2,6 | Chicken Curry with Mixed Rice 1, 2  Roasted Vegetable Risotto (V) 1, 2, 7  Cauliflower  Peas  Lemon Drizzle Cake 1, 2, 3 | Roast Chicken & Gravy 1, 6  Lentil Roast (V) 1, 2, 3  Roast Potatoes  Cabbage  Carrots  Fruit & Cream Meringues 2, 3 | Cheese & Ham Quiche 1, 2, 3, 8  Curried Vegetable Pasty (V) 1, 7, 8  Mashed Potatoes  Rainbow Coleslaw 2, 3, 8  Green Beans  Shortbread 1 | Cod Fish Fingers & Tomato Ketchup 1, 5  Vegetable Lasagne 1, 3  Chips  Baked Beans  Peas  Banana & Chocolate Muffin 1, 2, 3 |

Freshly baked bread,1,2, 3. salad, fresh fruit and yoghurts, 2 are available daily.

                      1, Gluten, 2, Milk, 3, Eggs 4, Sulphur D,  5, Fish, 6, Soya, 7, Celery, 8, Mustard, 9, Nuts, 10, Peanuts, 11, Sesame,

                                                                                         12, Lupin, 13, Crustaceans, 14, Molluscs.