MADGINFORD PRIMARY SCHOOL MENU

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| --- | --- | --- | --- | --- | --- |
|   | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Week 1** | Beef Bolognaise with Wholemeal Spaghetti   1Macaroni Cheese (V) 1, 2, 8Green BeansSweetcornApricot Goodie & Custard 2, 3, 6  | Chicken & Vegetable Pie 1,2,3,7Gravy 1Quorn Sausages (V) 1, 2, 3Mashed PotatoesPeasCarrotsGolden Krispy Cake 1 | Roast Gammon with Gravy 1,6Vegetable Hotpot (V) 3, 7Roast PotatoesGreen CabbageCreamed swedeIce-cream with fruit salad 2  | Creamy Chicken Casserole 1,2,7Vegetable Goulash (V) 1, 2Rainbow RiceBroccoli FloretsGreen BeansChocolate Sponge & Chocolate Sauce 1, 2, 3    | Cheese & Tomato Pizza 1, 2Breaded Salmon & Broccoli Fishcake (V) 1, 2, 5ChipsBaked BeansPeasFruit Jelly & Cream 2  |
| **Week 2** | Pork Sausages 1, 4Sweet Potato & Lentil Curry (V) 1, 7Boiled PotatoesBoiled RicePeasBaked BeansJam & Coconut Sponge & Custard 1, 2, 3, 4    | Lasagne with Garlic Bread1,2,3                1,2,3,6Vegetable Chilli  (V) 1,7. With Wholemeal Penne Pasta 1BroccoliCauliflowerOat Cookie with Milk1, 2, 3 | Roast Turkey with Stuffing & Gravy 1, 6Cauliflower & Broccoli Bake 1,2,8Roast PotatoesCarrotsGreen BeansEves Pudding & Cream 1, 2, 3, 6   | BBQ Chicken 1, 5, 6, 8Quorn Bolognaise (V) 1, 2, 3Jacket PotatoSweetcornPeasCherry Pie & Custard 1, 2, 6  | Battered Cod 1, 5and Tomato KetchupCheese & Vegetable Parcel 1,3ChipsBaked BeansFresh TomatoFlapjack 1 |
| **Week 3** | Pork Meatballs in tomato Sauce with Pasta 1, 2Vegetable Pasta Bake (V) 1, 2BroccoliSweetcornApple Crumble & Custard 1, 2,6  | Chicken Curry with Mixed Rice 1, 2Roasted Vegetable Risotto (V) 1, 2, 7CauliflowerPeasLemon Drizzle Cake 1, 2, 3  | Roast Chicken & Gravy 1, 6Lentil Roast (V) 1, 2, 3Roast PotatoesCabbageCarrotsFruit & Cream Meringues 2, 3 | Cheese & Ham Quiche 1, 2, 3, 8Curried Vegetable Pasty (V) 1, 7, 8Mashed PotatoesRainbow Coleslaw 2, 3, 8Green BeansShortbread 1  | Cod Fish Fingers & Tomato Ketchup 1, 5Vegetable Lasagne 1, 3ChipsBaked BeansPeasBanana & Chocolate Muffin 1, 2, 3 |

Freshly baked bread,1,2, 3. salad, fresh fruit and yoghurts, 2 are available daily.

                      1, Gluten, 2, Milk, 3, Eggs 4, Sulphur D,  5, Fish, 6, Soya, 7, Celery, 8, Mustard, 9, Nuts, 10, Peanuts, 11, Sesame,

                                                                                         12, Lupin, 13, Crustaceans, 14, Molluscs.